

# MENTAL HEALTH MONTH COLOURING IN COMPETITION

DROP YOUR COMPLETED ENTRY TO BLD 11, PULSE RECEPTION OR EMAIL A PICTURE TO PULSE-UNILIFE@UOW.EDU.AU

**SSAF**  
Funded by Student  
Services & Amenities Fee

*Wellness*  
BY PULSE

*let's  
talk  
about  
it*

**MENTAL  
HEALTH  
MONTH  
OCTOBER**

 **STUDENT  
EXPERIENCE  
NETWORK**

NAME/EMAIL: \_\_\_\_\_

TELL US SOME WAYS THAT YOU LOOK AFTER YOUR MENTAL HEALTH:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

WINNERS WILL RECEIVE A  
PREZZEE GIFT VOUCHER:

**1ST PRIZE - \$250**  
**2ND PRIZE - \$150**  
**3RD PRIZE - \$100**

Full terms and conditions available on our website. Competition opens 1 October - 31 October, 2024.  
Judging begins November 7, 2024, and winners will be contacted.