

# Yogabar

Cafe & Kitchen

## Breakfast

### TOAST 5

Sourdough - White - Wholemeal - GF

### EGGS "YOUR WAY" 12

Poached, scrambled or fried on toasted sourdough

*(GF) bread available on request*

### CORN & ZUCHINNI FRITTERS 16

w/rocket, tomato relish, avocado smash, cherry tomatoes and poached egg

### BREAKFAST BRUSCHETTA 15

w/ mushrooms, avocado, cherry tomatoes, fetta and poached eggs

### AVOCADO SMASH 15

w/lemon and fetta

### PURPLE TOAST 16

Sourdough w/beetroot relish, rocket and marinated fetta

### MR. BENEDICT 16

Potato rosti, rocket, poached eggs drizzled with hollandaise

**Choose from:** ham - maple bacon - mushrooms - smoked salmon - haloumi

### BREAKY BURGER 12

Tomato relish, potato rosti, bacon, egg, aioli and cheese on a milk bun

### BREAKFAST STACK 17

w/ avo, fried eggs and chilli hollandaise

**Choose from:** maple bacon - halloumi

### SCRAMBLED MESS 16

Scrambled eggs served w/ your choice:

- Red onion, capsicum, mushrooms and cheese
- Chorizo, cherry tomatoes and cheese
- Smoked salmon, capers and cream cheese

### HOUSE MADE GRANOLA 12

w//yoghurt, poached pear and berry compote

### ACAI BOWL 15

Amazonian Acai, fresh orange juice, chia seeds, coconut flakes, granola, nuts and seasonal fruit (V)

Add: Natural Pb \$2

## Extras

Egg (1) 2

GF 2

Bacon - Tomato - Mushroom - Hash Browns (2) - Smashed Avo 3

# Yogabar

Cafe & Kitchen

## Lunch

### TACOS 15

Choose from: Chicken | Fish | Karaage  
Cauliflower

- Chicken w/avo smash, mixed slaw, cherry tomatoes and sweet chili
- Beer battered flathead w/mixed slaw, cucumber, red capsicum and aioli
- Karaage cauliflower w/beetroot relish, mixed slaw, cherry tomatoes and chilli aioli

### STEAK SANDWICH 16

Eye fillet, onion jam, mixed lettuce, tomato relish, chimmi churi on sourdough

### HERCULES 17

Grilled chicken, spinach, roasted pumpkin, broccolini, snow pea tendrils w/pesto aioli

### POSIEDON 19

Atlantic salmon on a bed of quinoa salad w/chilli lemon dressing

## Poke Bowls

### VEGGIELICIOUS 15

Carrot, snow pea tendrils, roasted pumpkin, baby bok choy, green beans, radish, zucchini, broccolini w/lemon chilli dressing

### SUPER SALAD 15

Beetroot relish, avocado, quinoa, fetta, walnuts, spinach, cherry tomatoes, red capsicum, Spanish onion w/green goddess dressing

### KARAAGE CAULI-POKE 15

Karaage cauliflower, beetroot relish, carrot, radish, edamame beans, bok choy, red cabbage

## Burgers

### SPARTAN BURGER 17

Beef patty, bacon, egg, double cheese, mixed lettuce and mustard aioli on a milk bun

### NEMESIS BURGER 16

Smokey BBQ pulled pork w/red cabbage, carrot coleslaw and mustard aioli on a milk bun

### CAB BURGER 16

Grilled chicken, avo, tomato relish, bacon, aioli and mixed lettuce on a milk bun

**BEETY NOT MEATY** 16

House made beetroot, roast pumpkin, hummus and fresh tomato on a milk bun



## Hot Drinks

### Coffee

	S	L
<b>Short Black</b>	3.50	
<b>Macchiato</b>	3.50	
<b>Piccolo</b>	3.50	
<b>Cappuccino</b>	3.50	4
<b>Latte</b>	3.50	4
<b>Flat White</b>	3.50	4
<b>Long Black</b>	3.50	3.50
<b>Mocha</b>	3.80	4.20
<b>Hot Chocolate</b>	3.80	4.20
<b>Chai</b>	3.80	4.20
<b>Turmeric Latte</b>	3.80	4.20
<b>London Fog</b>	3.80	4.20

### Tea

4

English Breakfast - Earl Grey – Peppermint  
- Chamomile - Green

### Extras

.50

Extra shot – Soy – Almond – Lactose – Oat

### Syrups

.50

Caramel - Vanilla - Hazelnut

Super greens- Spinach – apples –  
cucumber – celery – coconut water

**Hawaiian Crush** 8  
Orange – Pineapple – Apple - Passionfruit

**Tastes Like Summer** 8  
Watermelon – Strawberry – Mango -  
Apple



## Cold Drinks

Iced Latte 8  
Iced Chai - Chocolate 9  
Iced Coffee  
Iced Mocha 8

## Milkshakes

Chocolate – Caramel – Strawberry –  
Vanilla 5  
Thickshake add 2  
Kids Milkshake 4

## Fresh Juices

Wild Card 8  
Orange – carrot – ginger – beetroot –  
celery  
Shredder 9

## Smoothies

**Glow Up** 8.50  
Passionfruit - spinach - mango nectar –  
banana – coconut water

**Chunky but Funky** 8.50  
Rolled oats – Greek yoghurt – banana –  
cinnamon – frozen mixed berries

**Lean Gains** 10  
Vanilla protein powder – mixed frozen  
berries – Greek yoghurt

**Go Nutty** 10  
Vanilla protein powder – peanut butter –  
banana – honey

# Shots

**Immunity** 4

Orange – Ginger - Lemon

**Five Alive** 5

Super greens – Apple – Lemon – Coconut  
Water